

**Fri/Sat, Feb 6/7, 2015**  
Aldergrove Community Hall  
8538 182nd Street, Edmonton

This premier Edmonton area roundup is put on annually by the members of the AA groups within the District 40 boundaries.

### 2015 Roundup Committee

Co-chairs: **Wayne P & Lois W**  
Secretary: **Sherry I**  
Finance: **Roberta F**  
Catering: **Karl W**  
Raffle Baskets: **AmandaK/CarmenC**  
50-50 Draw: **Marianne C**  
Registration/Greetings: **Marianne C**  
Concessions: **Roger H**  
Coffee: **Kevin S**  
Ticket Master: **Kevin M**  
Setup/Teardown: **Ray E & Rod C**  
Community Hall Liason: **Lyn P**  
Decorations: **Sherry I**  
Advertising: **Karen M**  
Meetings: **Brian M**  
Speaker Gifts: **Sherry I**  
Recordings: **Tom E**  
Literature: **Ken C**  
Alanon/Alateen Liason: **Janet F**

### FRIDAY NIGHT

**7:30 PM Doors Opens**

**8:00 PM Kickoff Meeting**

**8:15-9:00 PM Al-Ateen Members**

How alcoholism affected us...

**9:15 - 10:00 PM A.A. Walter S**

A New Outlook... Carrying the message...

## 2015 **Beat the Mid Winter Blues Roundup**

### A New Beginning



**8:30 AM SATURDAY Doors Open**

### Open Topic Meetings

**9:00 - 10:00 AM Into Action**  
Get a new attitude, a new relationship with...

GROUP: INTO ACTION ROOM: 1

**9:00 - 10:00 AM Misery to Happiness**  
Fake it till you make it...

GROUP: CRESTWOOD ROOM: 2

**10:15 - 11:15 AM What Is Sobriety?**  
Will I ever have fun again...

GROUP: JASPER PLACE ROOM: 1

**10:15 - 11:15 AM Attitude of Gratitude**  
How gratitude has helped me stay sober..

GROUP: WESTMINSTER ROOM: 2

**11:30 - 12:30 PM Patience & Tolerance**  
Living in the Moment, in the Present, in the NOW...

GROUP: PLT LADIES ROOM: 1

**11:30 - 12:30 PM Courage To Change**  
The things I can... Routines, People, Places, Things...

GROUP: WEST END OASIS ROOM: 2

For up-to-date information, please visit us at  
<http://district40.area78.org>

Or call Central Office **(780)424-5900**

**12:30 - 1:30 PM Lunch Break**

**1:30 - 2:30 PM Al-Anon/Al-Ateen**  
Alcoholism is a family disease...

GROUP: AL-ANON ROOM: 1

**1:30 - 2:30 PM Sponsorship**  
What is it? How does it help the newcomer? More ...

GROUP: WEST END 12 STEP ROOM: 2

**2:45 - 3:45 PM Traditions**  
How we interact with each other, the public, and...

GROUP: BY THE BOOKS ROOM: 1

**2:45 - 3:45 PM Complacency**  
Staying away from the first drink...

GROUP: BREATHE EASY ROOM: 2

**5:00 - 6:00 PM Social Hour**

**6:00 - 7:30 PM Buffet Dinner**  
**Tickets \$35**

**7:30 - 8:00 PM Raffle and Countdown**

**8:00 - 9:30 PM Keynote Speaker Mtg.**  
**Randy M** from Medicine Hat